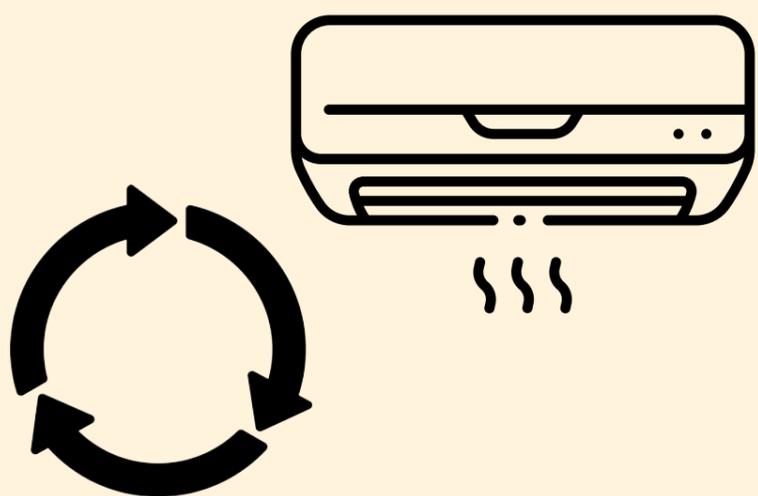


# 冬の節電

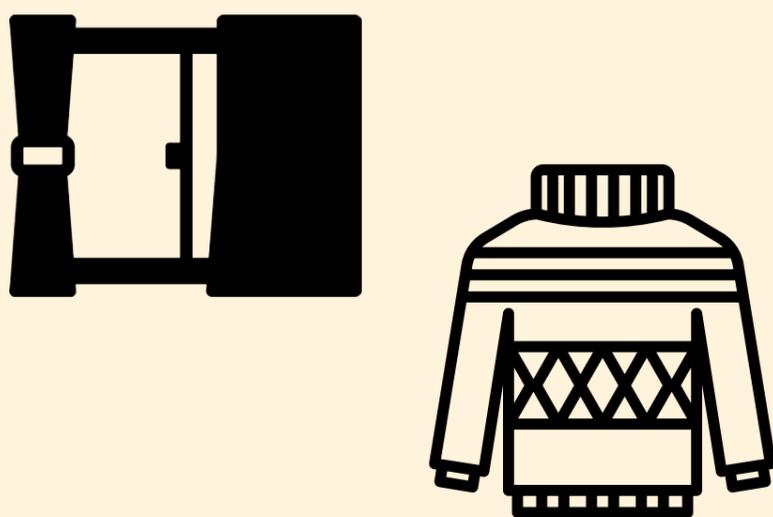
## 愛媛大学の対策

室温 19℃を目安



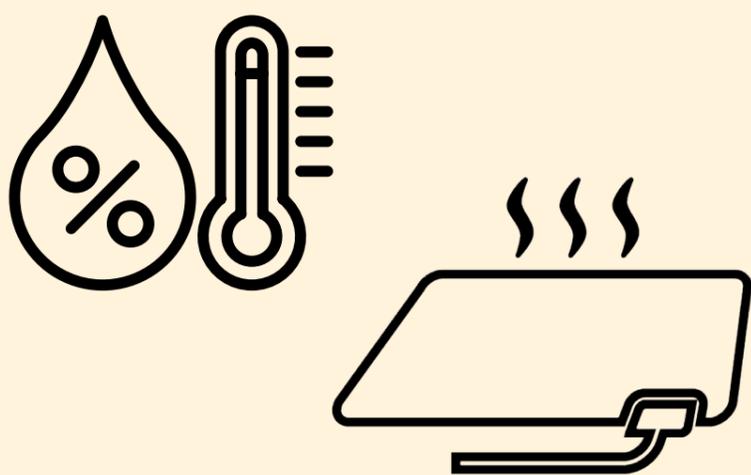
温風を循環

窓を断熱



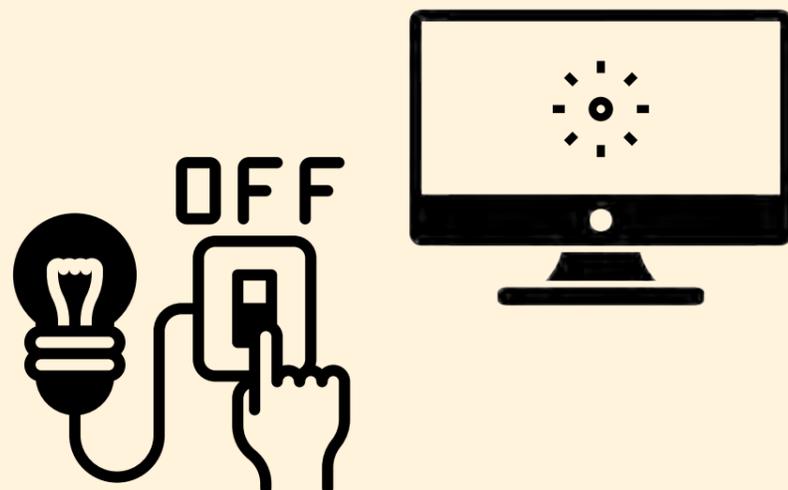
暖かい服装

室内を加湿



局所暖房

明るさ調整



こまめな消灯